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The California Department of Public Health (CDPH) has recently released (1/7/2022) an amendment to its isolation guidelines for K-12 Schools.

### **CDPH ISOLATION UPDATE FOR K-12 SCHOOLS**

<b>Persons who Test Positive for COVID-19 (Isolation)</b>	<b><u>Amended Recommended Actions</u></b>
<p>Isolation guidance applies to any individual who has tested positive regardless of vaccination status, previous infection, or lack of symptoms.</p>	<ul style="list-style-type: none"> <li>● Isolation can end <i>after</i> day 5 if symptoms are not present or are resolving AND a diagnostic specimen collected on day 5 or later tests negative. (<i>Antigen test preferred</i>)</li> <li>● If unable to test or choosing not to test, and symptoms are not present or are resolving, isolation can end <i>after</i> day 10.</li> <li>● If fever is present, isolation should be continued until fever resolves.</li> <li>● If symptoms, other than fever, are not resolving, continue to isolate until symptoms are resolving or until <i>after</i> day 10.</li> <li>● Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings (see Section below on masking for additional information)</li> </ul>
<b><u>Persons Who are Exposed to Someone with COVID-19</u></b>	<b><u>Recommended Actions</u></b>
<ul style="list-style-type: none"> <li>● Unvaccinated individuals</li> </ul> <p>*Includes persons previously infected with SARS-Cov-2, including within the last 90 days.</p>	<ul style="list-style-type: none"> <li>● <i>Stay home</i> for at least five (5) days.</li> <li>● Isolation can end <i>after</i> day 5 if symptoms are not present, or are resolving, <i>and</i> a diagnostic specimen collected on day 5 or later tests negative. (<i>Antigen test preferred</i>)</li> <li>● If unable to test or choosing not to test, and symptoms are not present or are resolving, isolation can end <i>after</i> day 10.</li> <li>● If fever is present, isolation is to be continued until fever resolves.</li> <li>● If symptoms, other than fever, are not resolving, continue to isolate until symptoms are resolving or until <i>after</i> day 10.</li> </ul>

<p><b><u>Persons Who are Exposed to Someone with COVID-19 (No Quarantine)</u></b></p>	<p><b><u>Unchanged Actions</u></b></p>
<ul style="list-style-type: none"> <li>● Vaccinated individuals but un-boosted (when eligible)</li> <li>● Asymptomatic individuals</li> </ul>	<ul style="list-style-type: none"> <li>● May come to work; should stay home outside of work.</li> <li>● Test on day 5 (<i>Antigen test preferred</i>)</li> <li>● Wear a well-fitting mask around others for 10 days, especially in indoor settings.</li> <li>● If testing positive, follow isolation recommendations above.</li> <li>● If symptoms develop, test and stay home. (<i>Antigen test preferred</i>)</li> </ul>
<p><b><u>Persons Who are Exposed to Someone with COVID-19</u></b></p>	<p><b><u>Recommended Actions</u></b></p>
<ul style="list-style-type: none"> <li>● Vaccinated AND Boosted</li> <li>● (Or not booster eligible)</li> <li>● Asymptomatic</li> </ul>	<ul style="list-style-type: none"> <li>● Not required to quarantine at work or at home.</li> <li>● Test on day 5 (<i>Antigen test preferred</i>)</li> <li>● Wear a well-fitting mask around others for 10 days, especially in indoor settings.</li> <li>● If testing positive, follow isolation recommendations above.</li> <li>● If symptoms develop, test and stay home.</li> </ul>
<p><b><u>Workplace Setting Persons who are Exposed to Someone with COVID-19 (Quarantine)</u></b></p>	<p><b><u>Recommended Actions</u></b></p>
<ul style="list-style-type: none"> <li>● Unvaccinated individuals</li> <li>● Masked or Unmasked during exposure</li> </ul> <p>*Includes persons previously infected with SARS-Cov-2, including within the last 90 days.</p>	<ul style="list-style-type: none"> <li>● In a workplace setting, asymptomatic employees in this category are required to stay home from work.</li> <li>● Test on day 5 (<i>Antigen test preferred</i>)</li> <li>● Wear a well-fitting mask around others for 10 days, especially in indoor settings.</li> <li>● If testing positive, follow isolation recommendations above.</li> <li>● If symptoms develop, test and stay home.</li> </ul>

**FOR STUDENTS ONLY:**

**If unvaccinated, but both individuals were wearing a mask when exposure occurred, students may continue to come to school and test on day 5 (*Antigen test preferred*).**