



# November BLSD menu



<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Breakfast- WG Muffin, Yogurt, Fruit, Juice.  Lunch- Chicken Nuggets, Corn, Fruit, WG- Chocolate Graham.	Breakfast- <i>WG-Honey Bun, Fruit, Juice.</i>  Lunch- WG-Mini Corndogs, Tots, Corn, Fruit.	Breakfast- WG Muffin, Yogurt, Fruit, Juice.  <i>Lunch- WG Taquitos w/Salsa, Green Beans, Fruit</i>	Breakfast- WG Breakfast Bar, Fruit.  Lunch- WG-Chicken Sandwich, Fries, Carrot Sticks, Fruit.	<i>Breakfast- WG- Pop Tart, Fruit, Cheese Stick.</i>  <i>Lunch- WG-Pizza, Corn, Salad, Fruit.</i>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
Breakfast- WG Muffin, Yogurt, Fruit, Juice.  <i>Lunch- WG Taquitos w/Salsa, Green Beans, Fruit</i>	Breakfast- <i>WG-Honey Bun, Fruit cup, Juice.</i>  Lunch- WG-Corndogs, Tots, Corn, Fruit.	<i>Breakfast- WG- Pop Tart, Fruit, Cheese Stick.</i>  <i>Lunch- WG-Cheese Sticks w/ Marinara, Green Beans, Fruit.</i>	Breakfast- WG Muffin, Yogurt, Fruit, Juice.  Lunch- Chicken Nuggets, Corn, Fruit, WG- Chocolate Graham.	Breakfast- <i>WG-Honey Bun, Fruit, Juice.</i>  <i>Lunch- WG-Pizza, Corn, Salad, Fruit.</i>
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
Breakfast- <i>WG-Honey Bun, Fruit, Juice.</i>  Lunch- WG-Mini Corndogs, Tots, Corn, Fruit.	Breakfast- WG Muffin, Yogurt, Fruit, Juice.  <i>Lunch- WG Taquitos w/Salsa, Green Beans, Fruit.</i>	Breakfast- WG-Cereal, Yogurt, Fruit.  Lunch- WG-Chicken Nuggets, Tots, Salad, Fruit.	Breakfast- WG Breakfast Bar, Fruit, Yogurt.  Lunch- Burger WG-Bun, Fries, Carrot Sticks, Fruit.	Breakfast- Scrambled Egg's, Potatoes, Fruit, WG Bug Bites.  <i>Lunch- WG-Pizza, Corn, Salad, Fruit.</i>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<i>Breakfast- WG- Pop Tart, Fruit, Cheese Stick.</i>  <i>Lunch- WG-Cheese Sticks w/ Marinara , Green Beans, Fruit.</i>	Breakfast- WG Muffin, Yogurt, Fruit, Juice.  Lunch- Chicken Nuggets, Corn, Salad, Fruit, WG- Chocolate Graham.	Breakfast- WG Muffin, Yogurt, Fruit, Juice.  <i>Lunch- WG Taquitos w/Salsa, Green Beans, Fruit.</i>	Breakfast- WG Breakfast Bar, Fruit.  Lunch- WG-Chicken Sandwich, Fries, Carrot Sticks, Fruit.	Breakfast- <i>WG-Honey Bun, Fruit, Juice.</i>  <i>Lunch- WG-Pizza, Corn, Salad, Fruit.</i>

<b>29</b>	<b>30</b>			
<i>Breakfast- WG- Pop Tart, Fruit, Cheese Stick.</i>  <i>Lunch- WG-Cheese Sticks w/ Marinara , Green Beans, Fruit.</i>	<i>Breakfast- WG-Honey Bun, Fruit cup, Juice.</i>  <i>Lunch- WG-Corndogs, Tots, Corn, Fruit.</i>	<i>Breakfast- WG Muffin, Yogurt, Fruit, Juice.</i>  <i>Lunch- Chicken Nuggets, Corn, Salad, Fruit, WG- Chocolate Graham.</i>	<i>Breakfast- WG Muffin, Yogurt, Fruit, Juice.</i>  <i>Lunch- WG Taquitos w/Salsa, Green Beans, Fruit</i>	<i>Breakfast- WG-Honey Bun, Fruit, Juice.</i>  <i>Lunch- WG-Pizza, Corn, Salad, Fruit.</i>

WG = whole grain rich

“This institution is an equal opportunity provider.”

06/16/2021